

Talk No: 57	Title: SLIPS, TRIPS AND FALLS
<p>Introduction: Slips, trips and falls are a major cause of injuries in the workplace. Many disabling injuries and even deaths occur each year as a result of slips, trips, and falls from heights, on stairs, and on level ground both at work and at home. Most injuries from slips, trips and falls result from poor housekeeping practices.</p>	
<p>Main points:</p> <ul style="list-style-type: none"> – Be aware of items such as trailing cables and hoses, hand tools, lengths of pipe or timber etc. left on the ground that may cause someone to trip up – Check ladders before use, mud left on the rungs of a ladder can present a slip and fall hazard – Poor lighting levels, such as during winter mornings or afternoons, can easily lead to tripping hazards not being readily visible – Be extra careful during damp conditions, wet footwear can cause slips when wet <p>Discussion points:</p> <ul style="list-style-type: none"> – Pay attention to your movements and surroundings, do not get distracted by conversations with colleagues or phone calls. Stop walking, finish the conversation and then proceed on your way. – Concentrate on where you're going, what you're doing and what lies ahead. – Take responsibility for reporting, fixing, removing, or avoiding hazards in your path. Don't leave for the next person to clear up, they won't. – Wear correct footwear with anti-slip soles (where applicable) and flat heels – Walk, don't run – Remove or clean muddy footwear when entering buildings or wipe your feet when you come in from rain or snow. – When carrying loads ensure that you have good visibility of the surface and surroundings in front of you. – Watch out for floors that are uneven, have holes, are wet or have just been cleaned, etc. <p style="text-align: center;">IF YOU SEE IT, SORT IT?</p>	
<p>Notes:</p>	